

Do you need help and support?

- I have been affected by FGM/C and want to know how you can support me
- I have a lot of pain during my period
- I am pregnant and want to have a natural birth
- I am pregnant and want to know what this means for the birth of my child
- I have questions about intimacy
- I do not want my daughter to be circumcised
- I am worried about my sister/daughter/friend being circumcised

We can also help with other issues such as:

- Problems within the family or marriage
- Health problems
- Mental health issues
- Violent situations

We are here to help - we are here for you!

Call our info hotline: +43 1 267 7 267

Or contact us via mail: info@fgm-koordinationsstelle.at

More information: <https://fgm-koordinationsstelle.at>



REGIONAL COUNSELING CENTERS

VIENNA Women's Health Center FEM Süd
Wiener Gesundheitsverbund – Clinic Favoriten, Kundratstraße 3, 1100 Wien
+43 1 60191 5201 kfn.femsued@gesundheitsverbund.at

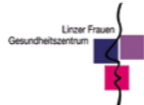
VIENNA Men's Health Center MEN
Wiener Gesundheitsverbund – Clinic Favoriten, Kundratstraße 3, 1100 Wien
+43 1 60191 5454 kfn.men@gesundheitsverbund.at

STYRIA Austrian Red Cross Regional office Styria
Merangasse 26, 8010 Graz (entrance Leonhardstraße 23)
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TYROL Austrian Red Cross Regional office Tyrol
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SALZBURG Women's Health Center Salzburg
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UPPER AUSTRIA Women's Health Center Linz
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NO TO FEMALE CIRCUMCISION

FGM/C, Female Genital Mutilation/
Cutting, Tahur, Khitan, Bondo, Sunna,
Exzision, Cut, Gudniin, Halalays,
Megrez, Gudniinka fircooniga ah



FGMC 
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Kompetenzzentrum Österreich



WHAT DOES CIRCUMCISION OF GIRLS MEAN?

Circumcision has many different names. The medical term is FGM/C - Female Genital Mutilation/Cutting. It involves cutting off some or all of a girl's external genitalia. This can affect the clitoral glans, the clitoral hood or the labia minora and labia majora. Girls are often circumcised before puberty, between the ages of four and thirteen. More than 200 million women and girls worldwide are affected.



WHAT ARE THE HEALTH IMPLICATIONS?

Circumcision is harmful to girl's health and they suffer for the rest of their lives. Depending on the degree of circumcision, the effects range from physical and psychological pain to serious health problems:



- Pain when urinating and urinary tract infections
- Pain during menstruation
- Anxiety, depression or panic attacks
- Chronic inflammation and pain in the back and abdomen
- Pain during sex and loss of sexual desire
- In the worst cases, the mother and baby may die during childbirth

FGM/C VIOLATES HUMAN RIGHTS

Circumcision is often justified by tradition or religion. However, no religion requires FGM/C! It is an act of violence against women and girls and is illegal in Austria! Anyone who performs a circumcision is punished, even if the woman consents. Parents can also be punished if they send their daughter to another country for FGM/C.

Parents must protect their children from any harm. Female circumcision causes great harm to a child's body and mind. Once a girl has been cut, there is no going back, but the effects can be treated.

Women and girls who have been circumcised are entitled to support!

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